

A Multidisciplinary Approach to Bridging the Gap between Behavior Analysis and Mental Health within an Educational Setting

- Jeremy D. Meduri, BCBA

Abstract:

Insight is an organization that utilizes a multidisciplinary approach to therapy aimed at bridging the gap between behavior analysis and mental health. The present session demonstrates the **efficacy of a multidisciplinary intervention on student behavior in an educational setting**. Specifically, we demonstrate the use of **Applied Behavior Analysis (ABA), Acceptance and Commitment Therapy (ACT), psychiatric assessment, medication management, and patient and family counseling**, on a second-grade student currently attending Insight Academy, a separate facility for students with behavioral and social-emotional barriers.

This multidisciplinary intervention examines the student's classroom performance, interfering behavior, prosocial behavior, and self-regulation behavior within the educational setting. Furthermore, we examine the generalization of this intervention across environments, specifically within the home setting.

About the Speaker:

Jeremy D. Meduri, BCBA, is the Founder and CEO of Insight. He holds a bachelor's degree in psychology and a master's degree from Kent State University, where he also earned his BCBA certification. With nearly two decades of international experience, Jeremy provides behavior analytic services in various settings, focusing on ABA, ACT, emotion regulation, and bridging behavior analysis with mental health. He also serves as an adjunct faculty member in the Psychology Department at Kent State University.

