

Possibilities for Food Intervention Focused on Client Choices, Consent and Promotion of Positive Teaching Environments

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Abstract:

In recent years, discussions about new approaches in Applied Behavior Analysis have been raised, through the themes of compassion, assent and trauma-based interventions. This becomes particularly necessary when considering people in situations of greater vulnerability and who present deficits in communication or associated conditions, such as intellectual disabilities and various developmental disorders.

Because this is a more vulnerable group, given the possible deficits in communication to indicate their preferences or discomfort, ability to make choices, more complex decision-making and, in some cases, cognitive deficits, they are more susceptible to abuse or even situations in which there is no autonomy and participation in the selection of objectives or procedures, for example, in cases where there is reduced potential for argumentation. Intervention planning sometimes does not reflect the preferences of those receiving the service.

On the other hand, offering free choice on the part of the assisted person, depending on the level of support, can result in problems regarding overall evolution and development. It is common for service providers to be controlled by the expectations of parents or other community agents, to want to meet the standards considered for a quality intervention, to provide economically viable intervention, among other factors.

In this context, there are some ways in which personal freedom can be compromised, such as the client having little or no participation in the selection of objectives, which directly affects motivation and engagement; the team not considering the client's preferences and meeting the preferences of others; not teaching the client to make decisions and, lastly, not offering possibilities of choice.

Therefore, the ideal would be to find ways that guarantee appropriate interventions for evolution and still consider the interests and choices of those who receive the service. In this sense, the objective will be to discuss how intervention proposals can be planned without the use of aversive control and with practices that guarantee consideration of the client's choices, with safe environments from a physical and emotional point of view.

About the Speaker:

Psychologist, Board Certified Behavior Analyst (BCBA), Qualified Behavior Analyst (QBA), Master and PhD in Developmental Disorders. Coordinator of the Postgraduate course in Behavior Analysis applied to Autism and other Developmental Disorders, at NEPNEURO – GO. Director of NEXO Behavioral Intervention, working with people with developmental disorders and with intervention for individuals with pediatric eating disorders. Supervises professionals, in addition to lectures and courses related to Applied Behavior Analysis (ABA).

