

The Individualized Teaching Plan as a Vehicle for Promoting Quality of Life

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Abstract:

The development of an Individualized Teaching Plan (ITP) is an important step in the intervention in Applied Behavior Analysis (ABA). During this step, the learning objectives for the learner are chosen. It is important that the transdisciplinary team considers the learner's life in a holistic manner, identifying targets that contemplate their development and general well-being.

This presentation describes an instrument used in the development of an ITP, identifying objectives that encompass seven specific areas: (1) health and safety; (2) behavioral deficits and excesses; (3) leisure; (4) caregiver expectations; (5) functional practical life skills; (6) expectations of other professionals; and (7) specific protocol skills.

Areas (1) through (7) follow a hierarchy of priority, with the lowest numbers representing the highest priorities. The discussion involves reflection on the social validity of the instrument (case reports) and suggests steps to ensure the collaboration of the transdisciplinary team for a more comprehensive plan with an emphasis on long-term quality of life.

About the Speaker:

Lucas Franco Carmona is a certified Behavior Analyst (QBA) and works with intervention, consulting, and supervision in Applied Behavior Analysis (ABA). He also works as a research and supplementary services coordinator at The Behavior Web (TBW). He is accredited as a Behavior Analyst by the Brazilian Association of Behavioral Sciences (ABPMC). He has a master's degree in Behavioral Sciences from the University of Brasília (UnB) and a specialization in Applied Behavior Analysis from the Pontifical Catholic University of Londrina (PUC). He has experience in Experimental Behavior Analysis and has studied topics such as: behavioral variability; behavioral resistance to change; relapse; and history effects. Currently, his research interests have focused on topics such as: supervision of ABA training; ableism; assent; and professional ethics.

