

Psychopharmacology, ABA and Autism: Collaborative Approaches to Neuro-Affirmative and Person-Centered Care

- Tais S. Moriyama, MD, MsC, PhD

Abstract:

The integration of psychiatry and behavior analysis presents a unique opportunity to improve care for neurodivergent individuals by combining medical, psychological, and behavioral perspectives. Historically, these disciplines have operated in silos, often leading to fragmented care that prioritizes pathology over individuality. This presentation explores a transdisciplinary approach that emphasizes collaboration between the psychiatry team and the ABA care team, fostering meaningful communication across disciplines. We will discuss the role of psychopharmacology in the care of neurodivergent individuals and the balance of medication use with behavioral interventions.

About the Speaker:

Tais S. Moriyama is a child and adolescent psychiatrist who graduated from the Federal University of São Paulo (UNIFESP), where she also completed her medical residency, master's degree, and doctorate. With a solid academic and clinical career, she is dedicated to the study and practice of child psychiatry, combining research and specialized care. She currently works as a permanent consultant for the Cactus Institute and is a Professor of Psychiatry at the São Camilo University Center, contributing to the training of new professionals and the development of innovative approaches in the area of child and adolescent mental health.

